

ZUMBA® CLASSES

STARTING MONDAY

JULY 3, 2017

NEW SUMMER SCHEDULE

JULY: 3(M), 5(W), 7(F), 17(M),

19(W), 21(F), 31(M)

AUGUST: 2(W), 14(M), 16(W)

DITCH THE WORK OUT AND JOIN THE PARTY!

TIME: 10AM - 11AM

COST: \$10 DROP IN OR \$40 FOR 5 CLASSES

WHERE: THE RECREATION HALL, WHICH IS
LOCATED AT THE END OF MONTREAL DRIVE,
TURN AT THE CORNER OF OUTER LIMITS AND THE
TENNIS COURTS, IT IS ON THE RIGHT HAND SIDE
BEHIND THE LIBRARY

WEAR RUNNERS AND CLOTHES YOU ARE COMFORTABLE
TO WORK OUT IN. DON'T FORGET YOUR WATER BOTTLE!

QUESTIONS: TEXT 306 441 2279

OR SEND A MESSAGE TO WASKESIU FITNESS ON FACEBOOK

SCHEDULE SUBJECT TO CHANGE